



SAINTS CAFÉ MENU

May 24th-28th

Every child deserves a healthy start.™

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor. Our sauces, soups, and dressings are homemade and contain no preservatives, or additives. Our hamburger patties are 100% natural beef, and our chicken is fresh and natural. For our sandwiches, we proudly utilize locally produced artisan breads.

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

MONDAY

PLAIN BAGEL Double Cream Cheese **VEG**

½ SANDWICH & CRUDITÉ BOX Ham & Cheese, Crudité with Ranch

CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

CHICKEN TACO SALAD Romaine, Cucumber, Black Bean, Corn Tortilla, Cotija Cheese, Pico de Gallo, Creamy Cilantro-Pepita Dressing **GF**

CHICKEN CLUB CROISSANT Bacon, Lettuce, Tomato, Cheddar Cheese, Avocado-Mayo

TURKEY PANINI Turkey, Tomato, Spinach, Mozzarella, Chipotle Aioli, Baguette

MAC & CHEESE 12 oz Macaroni, House Made Cheese Sauce **VEG**

4 PIECE CHICKEN TENDERS **DF**

TUESDAY

PLAIN BAGEL Double Cream Cheese **VEG**

CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

CILANTRO LIME BEEF SALAD Field Green, Leaf Lettuce, Mozzarella, Corn, Tomato, Toasted Pumpkin Seed, Cilantro-Lime Vinaigrette **GF**

HAM & CHEDDAR CHEESE SLIDERS (3) Sweet Hawaiian Roll

COLD UDON NOODLE BOWL Tofu, Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame, Soy-Ginger Dressing **V DF**

CHICKEN FAJITAS Onion, Bell Pepper, Pinto Bean, Mexican Rice **GF DF**

LASAGNA Meat Sauce, Ricotta, Mozzarella, Parmesan

BEAN & CHEESE BURRITO Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG**

SAPPHIRE AT SCHOOL

WEDNESDAY

PLAIN BAGEL Double Cream Cheese **VEG**

½ SANDWICH & CRUDITÉ BOX Chicken & Cheese Sandwich, Crudité with Ranch

CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

CAPRESE SANDWICH Mozzarella, Tomato, Basil, Balsamic, Baguette **VEG**

COLD GRILLED CHICKEN BANH MI Cucumber, Red Onion, Pickled Carrot & Daikon, Cilantro, Sriracha-Ginger Mayo, Baguette **DF**

CALIFORNIA “POKE” BOWL Krab, Sticky Rice, Edamame, Tomato, Cucumber, Japanese Carrot, Cabbage, Green Onion, Side of: Ginger, Ponzu Sauce, Soy Sauce **DF**

PERSIAN CHICKEN KEBAB Roast Tomato, Zucchini, Buttered Basmati Rice, Garlic Yogurt Sauce **GF**

HAMBURGER White Bun **DF GF Option**

CHEESEBURGER White Bun **GF Option**

4 PIECE CHICKEN TENDERS **DF**

THURSDAY

PLAIN BAGEL Double Cream Cheese **VEG**

SALAMI BISTRO BOX Cheese, Grapes, Cracker, Celery, Cucumber, Carrot, Herb Ranch Dressing

CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

MISO CHICKEN SALAD Cucumber, Carrot, Soba Noodle, Creamy Sesame Dressing

VEGGIE SANDWICH Hard Boiled Egg, Tomato, Cucumber, Shredded Carrot, Lettuce, Avocado Spread, Hummus, Multi-Grain Bread **VEG GF Option**

BBQ PULLED PORK SLIDERS (3) Sweet Hawaiian Roll

4 PIECE BUFFALO CHICKEN DRUMMETTE **GF DF**

4 PIECE HULI -HULI CHICKEN DRUMMETTE **GF DF**

PEPPERONI PIZZA SANDWICH Mozzarella Cheese, Pepperoni, Tomato Sauce, Baguette

FRIDAY

NO SCHOOL

SAPPHIRE AT SCHOOL

BEVERAGES

NIAGRA WATER
SMART WATER
S. PELLEGRINO
S. PELLEGRINO *Sparkling*
BAI INFUSION

GATORADE
ALOHA
NAKED JUICE
ORGANIC MILK
ORGANIC CHOC. MILK

ALMOND MILK
HOLLANDIA MILK
HAWAII KONA COFFEE
STARBUCKS *Double Shot*

HOMEMADE & RETAIL SNACKS

WHOLE APPLE
WHOLE ORANGE
GRAPE CUP
WATERMELON
PINEAPPLE CUP
MANGO CUP
HARD BOILED EGG (2)

TUNA SALAD CUP
CRUDITE & RANCH
POPCORN
MISS VICKIE'S CHIPS
LAY'S CHIPS
CHEEZ ITS
CHEETOS

GOLDFISH
TAKIS
STACEY'S PITA CHIPS
POCKY
FRESHLY BAKED COOKIES
PROTEIN BITES (2)
ASSORTED CEREAL