



MAY 2021 MENU

Every child deserves a healthy start.™

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor. Our sauces and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives. Our hamburger patties are 100% natural beef, and our chicken is fresh and natural. For our sandwiches, we proudly utilize locally produced artisanal breads.

Each meal is served à la carte and include packaged utensils, napkin, and condiments. All are individually packaged and labeled with student name and grade.

Vegetarian

Vegan

Gluten Free

Dairy Free

MONDAY

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

ROAST BEEF & CHEDDAR SLIDERS (3) Sweet Hawaiian Roll

OVEN ROASTED TURKEY CLUB SANDWICH Bacon, Lettuce, Tomato, White Bread **DF GF Option**

CARNE ASADA BOWL 12 oz Carrot, Onion, Corn, Spanish Rice, Pinto Bean, Mild Red Salsa **GF DF**

MAC & CHEESE 8 oz Macaroni, House Made Cheese Sauce **VEG**

MAC & CHEESE 12 oz Macaroni, House Made Cheese Sauce **VEG**

BUTTERED NOODLES 8 oz **VEG GF Option**

4 PIECE CHICKEN TENDERS **DF**

TUESDAY

CILANTRO LIME BEEF SALAD Field Green, Leaf Lettuce, Mozzarella, Corn, Tomato, Toasted Pumpkin Seed, Cilantro-Lime Vinaigrette **GF**

HAM & CHEDDAR CHEESE SLIDERS (3) Sweet Hawaiian Roll

COLD UDON NOODLE BOWL Tofu, Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame, Soy-Ginger Dressing **V DF**

BUTTERED NOODLES 8 oz **VEG GF Option**

BUTTERED NOODLES WITH CHICKEN 12 oz **GF Option**

4 PIECE CHICKEN TENDERS **DF**

ALL BEEF HOT DOG Traditional Bun **DF GF Option**

BRC BURRITO Pinto Bean, Spanish Rice, Cheddar Cheese, Mild Salsa, Flour Tortilla **VEG**

WEDNESDAY

FALAFEL PITA KIT Carrot, Snap Pea, Tomato, Cucumber, Tzatziki Sauce, Hummus **VEG**

CHICKEN APPLE SALAD Field Greens, Crumbled Goat Cheese, Cranberry, Sunflower Seed, Pomegranate Citrus Dressing **GF**

COLD GRILLED CHICKEN BANH MI Cucumber, Red Onion, Pickled Carrot & Daikon, Cilantro, Sriracha-Ginger Mayo, Baguette **DF**

CALIFORNIA "POKE" BOWL Krab, Sticky Rice, Edamame, Tomato, Cucumber, Japanese Carrot, Cabbage, Green Onion, Side of: Ginger, Ponzu Sauce, Soy Sauce **DF**

BEAN & CHEESE BURRITO Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG**

BUTTERED NOODLES 8 oz **VEG** *GF Option*

CHICKEN ALFREDO 12 oz Pea, Carrot, Parmesan Cream Sauce *GF Option*

HAMBURGER White Bun **DF** *GF Option*

CHEESEBURGER Cheddar Cheese, White Bun *GF Option*

THURSDAY

SALAMI BISTRO BOX Cheese, Grapes, Cracker, Celery, Cucumber, Carrot, Herb Ranch Dressing

CHINESE CHICKEN SALAD Field Green, Orange, Carrot, Cabbage, Cucumber, Wonton Strip, Orange-Sesame Dressing **DF**

TURKEY & CHEDDAR SLIDERS (3) Sweet Hawaiian Roll

BBQ PULLED PORK SLIDERS (3) Sweet Hawaiian Roll

SHEPHERD'S PIE Seasoned Ground Beef, Creamy Mashed Potato, Pea, Carrot, Cheddar Cheese **GF**

BUTTERED NOODLES 8 oz **VEG** *GF Option*

BUTTERED NOODLES WITH CHICKEN 12 oz *GF Option*

4 PIECE CHICKEN TENDERS **DF**

FRIDAY

GRILLED CHICKEN PITA KIT Carrot, Snap Pea, Tomato, Cucumber, Hummus **VEG**

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

ITALIAN COLD SUB Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette

CHEESE ENCHILADAS Refried Pinto Bean, Spanish Rice **VEG** **GF**

4 PIECE CHICKEN TENDERS **DF**

BUTTERED NOODLES 8 oz **VEG** *GF Option*

PENNE BOLOGNESE 12 oz Meat Sauce **DF** *GF Option*

CHEESE PIZZA SANDWICH Mozzarella Cheese, Cheddar Cheese, Tomato Sauce, Baguette **VEG**

PEPPERONI PIZZA SANDWICH Mozzarella Cheese, Pepperoni, Tomato Sauce, Baguette

DAILY SNACKS & BEVERAGES

Bottled Water

Organic Milk (Plain)

Organic Milk (Chocolate)

Soy Milk

San Pellegrino

Edamame

Seasonal Fruit Cup

Stacey's Pita Chips

Popcorn

Miss Vickie's Chips

Freshly Baked Cookies

Protein Bites (2)