



## APRIL 2021 MENU

*Every child deserves a healthy start.™*

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor. Our sauces and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives. Our hamburger patties are 100% natural beef, and our chicken is fresh and natural. For our sandwiches, we proudly utilize locally produced artisanal breads.

Each meal is served à la carte and include packaged utensils, napkin, and condiments. All are individually packaged and labeled with student name and grade.

Vegetarian

Vegan

Gluten Free

Dairy Free

### MONDAY

**GRILLED CHICKEN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing

**PLAIN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing

**ROAST BEEF & CHEDDAR SLIDERS (3)** Sweet Hawaiian Roll

**OVEN ROASTED TURKEY CLUB SANDWICH** Bacon, Lettuce, Tomato, White Bread **DF GF Option**

**CARNE ASADA BOWL 12 oz** Carrot, Onion, Corn, Spanish Rice, Pinto Bean, Mild Red Salsa **GF DF**

**MAC & CHEESE 8 oz** Macaroni, House Made Cheese Sauce **VEG**

**MAC & CHEESE 12 oz** Macaroni, House Made Cheese Sauce **VEG**

**4 PIECE CHICKEN TENDERS** **DF**

### TUESDAY

**CILANTRO LIME CHICKEN SALAD** Field Green, Leaf Lettuce, Mozzarella, Corn, Tomato, Toasted Pumpkin Seed, Cilantro-Lime Vinaigrette **GF**

**HAM & CHEDDAR CHEESE SLIDERS (3)** Sweet Hawaiian Roll

**COLD UDON NOODLE BOWL** Tofu, Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame, Soy-Ginger Dressing **V DF**

**BUTTERED NOODLES 8 oz** **VEG GF Option**

**BUTTERED NOODLES WITH CHICKEN 12 oz** **GF Option**

**ALL BEEF HOT DOG** Traditional Bun **DF GF Option**

**BRC BURRITO** Pinto Bean, Spanish Rice, Cheddar Cheese, Mild Salsa, Flour Tortilla **VEG**

# SAPPHIRE AT SCHOOL

## WEDNESDAY

**CHICKEN APPLE SALAD** Field Greens, Crumbled Goat Cheese, Cranberry, Sunflower Seed, Pomegranate Citrus Dressing **GF**

**COLD GRILLED CHICKEN BANH MI** Cucumber, Red Onion, Pickled Carrot & Daikon, Cilantro, Sriracha-Ginger Mayo, Baguette **DF**

**CALIFORNIA "POKE" BOWL** Krab, Sticky Rice, Edamame, Tomato, Cucumber, Japanese Carrot, Cabbage, Green Onion, Side of: Ginger, Ponzu Sauce, Soy Sauce **DF**

**BEAN & CHEESE BURRITO** Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG**

**CHICKEN ALFREDO 12 oz** Parmesan Cream Sauce **GF Option**

**HAMBURGER** White Bun **DF GF Option**

**CHEESEBURGER** Cheddar Cheese, White Bun **GF Option**

**4 PIECE CHICKEN TENDERS** **DF**

## THURSDAY

**SALAMI BISTRO BOX** Cheese, Grapes, Cracker, Celery, Cucumber, Carrot, Herb Ranch Dressing

**HERB CHICKEN SALAD** Romaine, Bacon, Egg, Tomato, Cucumber, Cheddar Cheese, Ranch Dressing **GF**

**TURKEY & CHEDDAR SLIDERS (3)** Sweet Hawaiian Roll

**BBQ PULLED PORK SLIDERS (3)** Sweet Hawaiian Roll

**VEGGIE FRIED RICE 8 oz** Egg, Carrot, Corn, Onion, Pea, Snap Pea **VEG DF**

**CHICKEN FRIED RICE 12 oz** Egg, Carrot, Corn, Onion, Pea **DF**

**BUTTERED NOODLES 8 oz** **VEG GF Option**

**BUTTERED NOODLES WITH CHICKEN 12 oz** **GF Option**

## FRIDAY

**GRILLED CHICKEN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing

**PLAIN CAESAR SALAD** Romaine, Herb Crouton, Parmesan Dressing

**FALAFEL PITA KIT** Carrot, Snap Pea, Tomato, Cucumber, Tzatziki Sauce, Hummus **VEG**

**ITALIAN COLD SUB** Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette

**CHEESE ENCHILADAS** Refried Pinto Bean, Spanish Rice **VEG GF**

**SPAGHETTI MARINARA 8 oz** **VEG DF**

**SPAGHETTI & MEATBALLS 12 oz** **DF**

**CHEESE PIZZA SANDWICH** Mozzarella Cheese, Cheddar Cheese, Tomato Sauce, Baguette **VEG**

**PEPPERONI PIZZA SANDWICH** Mozzarella Cheese, Pepperoni, Tomato Sauce, Baguette

## DAILY SNACKS & BEVERAGES

Bottled Water

Organic Milk (Plain)

Organic Milk (Chocolate)

Soy Milk

San Pellegrino

Edamame

Seasonal Fruit Cup

Stacey's Pita Chips

Popcorn

Miss Vickie's Chips

Freshly Baked Cookies

Protein Bites (2)