



SAINTS CAFÉ MENU

May 5th-7th

Every child deserves a healthy start.™

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor. Our sauces, soups, and dressings are homemade and contain no preservatives, or additives. Our hamburger patties are 100% natural beef, and our chicken is fresh and natural. For our sandwiches, we proudly utilize locally produced artisan breads.

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

MONDAY

PLAIN BAGEL Double Cream Cheese **VEG**

½ SANDWICH & CRUDITÉ BOX Ham & Cheese, Crudité with Ranch

CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN & STRAWBERRY SALAD Field Green, Strawberry, Cucumber, Dried Cranberry, Goat Cheese, Sherry Dressing

ROAST BEEF & CHEDDAR SLIDERS (3) Sweet Hawaiian Roll

CHICKEN CLUB CROISSANT Bacon, Lettuce, Tomato, Cheddar Cheese, Avocado-Mayo

HAM & CHEESE PANINI Cheddar Cheese, Baguette

CARNE ASADA BOWL 12 oz Carrot, Onion, Corn, Spanish Rice, Pinto Bean, Mild Red Salsa **GF DF**

MAC & CHEESE 12 oz Macaroni, House Made Cheese Sauce **VEG**

4 PIECE CHICKEN TENDERS **DF**

TUESDAY

PLAIN BAGEL Double Cream Cheese **VEG**

CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing

CILANTRO LIME BEEF SALAD Field Green, Leaf Lettuce, Mozzarella, Corn, Tomato, Toasted Pumpkin Seed, Cilantro-Lime Vinaigrette **GF**

HAM & CHEDDAR CHEESE SLIDERS (3) Sweet Hawaiian Roll

PESTO CHICKEN SANDWICH Fresh Mozzarella, Arugula, Tomato, Baguette

BBQ CHICKEN TENDER WRAP Lettuce, Tomato, Shredded Cheddar Cheese, BBQ Ranch, Flour Tortilla

COLD UDON NOODLE BOWL Tofu, Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame, Soy-Ginger Dressing **V DF**

GRILLED CHICKEN PENNE ALFREDO Pea, Carrot, Creamy Garlic Sauce **GF Option**

CHICKEN SOFT TACOS (2) Cabbage, Corn Tortillas, Side of Mild Red Salsa **GF DF**

TURKEY CHILI & CORNBREAD Red Bean, Pinto Bean, Cheddar Cheese, Pico de Gallo

SAPPHIRE AT SCHOOL

WEDNESDAY

PLAIN BAGEL Double Cream Cheese **VEG**
½ SANDWICH & CRUDITÉ BOX Chicken & Cheese Sandwich, Crudité with Ranch
CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing
GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing
CAPRESE SANDWICH Mozzarella, Tomato, Basil, Balsamic, Baguette **VEG**
COLD GRILLED CHICKEN BANH MI Cucumber, Red Onion, Pickled Carrot & Daikon, Cilantro, Sriracha-Ginger Mayo, Baguette **DF**
OVEN ROASTED TURKEY CLUB SANDWICH Bacon, Lettuce, Tomato, White Bread **DF GF Option**
CALIFORNIA “POKE” BOWL Krab, Sticky Rice, Edamame, Tomato, Cucumber, Japanese Carrot, Cabbage, Green Onion, Side of: Ginger, Ponzu Sauce, Soy Sauce **DF**
BEAN & CHEESE BURRITO Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG**
GRILLED CHICKEN PENNE ALFREDO Pea, Carrot, Creamy Garlic Sauce **GF Option**
HAMBURGER White Bun **DF GF Option**
CHEESEBURGER White Bun **GF Option**

THURSDAY

PLAIN BAGEL Double Cream Cheese **VEG**
SALAMI BISTRO BOX Cheese, Grapes, Cracker, Celery, Cucumber, Carrot, Herb Ranch Dressing
FALAFEL PITA KIT Carrot, Snap Pea, Tomato, Cucumber, Tzatziki Sauce, Hummus **VEG**
CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing
GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing
CHINESE CHICKEN SALAD Field Green, Orange, Carrot, Cabbage, Cucumber, Wonton Strip, Orange-Sesame Dressing **DF**
OVEN ROASTED TURKEY CLUB SANDWICH Bacon, Lettuce, Tomato, White Bread **DF GF Option**
BBQ PULLED PORK SLIDERS (3) Sweet Hawaiian Roll
4 PIECE BBQ CHICKEN DRUMMETTE Side of Ranch **GF DF**
BACON BREAKFAST BURRITO Scrambled Egg, Potato, Cheddar Cheese

FRIDAY

PLAIN BAGEL Double Cream Cheese **VEG**
GRILLED CHICKEN PITA KIT Carrot, Snap Pea, Tomato, Cucumber, Hummus
CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing
GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing
ITALIAN COLD SUB Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette
TURKEY & CHEDDAR SLIDERS (3) Sweet Hawaiian Roll
GRILLED CHICKEN PENNE ALFREDO Pea, Carrot, Creamy Garlic Sauce **GF Option**
CHEESE PIZZA SANDWICH Mozzarella Cheese, Cheddar Cheese, Tomato Sauce, Baguette **VEG**
PEPPERONI PIZZA SANDWICH Mozzarella Cheese, Pepperoni, Tomato Sauce, Baguette
4 PIECE CHICKEN TENDERS **DF**

SAPPHIRE AT SCHOOL

BEVERAGES

NIAGRA WATER
SMART WATER
S. PELLEGRINO
S. PELLEGRINO *Sparkling*
BAI INFUSION

GATORADE
ALOHA
NAKED JUICE
ORGANIC MILK
ORGANIC CHOC. MILK

ALMOND MILK
HOLLANDIA MILK
HAWAII KONA COFFEE
STARBUCKS *Double Shot*

HOMEMADE & RETAIL SNACKS

WHOLE APPLE
WHOLE ORANGE
GRAPE CUP \$3.10
WATERMELON
PINEAPPLE CUP
MANGO CUP
HARD BOILED EGG (2)

TUNA SALAD CUP
CRUDITE & RANCH
POPCORN
MISS VICKIE'S CHIPS
LAY'S CHIPS
CHEEZ ITS
CHEETOS

GOLDFISH
TAKIS
STACEY'S PITA CHIPS
POCKY
FRESHLY BAKED COOKIES
PROTEIN BITES (2)
ASSORTED CEREAL