ST. EDWARD THE CONFESSOR PARISH SCHOOL LUNCH MENU | MARCH 2ND -6TH



Every child deserves a healthy start. TM

Crudité Box

Bistro Box

Yogurt Parfait

Edamame

Sapphire at School lunch menus are carefully selected to provide healthy variety, balance, and flavor. Each lunch entrée is priced a la carte with the option to add on a "Combo Box" or miscellaneous snacks. Our sauces, soups, and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives. Our hamburger patties are all natural, 100% beef, and our chicken is all-natural and hormone free. For our sandwiches, we serve a low-sodium turkey breast and we proudly utilize locally produced artisanal breads.

Vegetarian	Gluten Free	Options GF	Dairy Free Options	DF	Vegan V
	SA	ALAD SELEC	TIONS —		
Caesar Salad Romaine, Hei Grilled Chicken Caesar Sa Herb Chicken Salad Romain Chinese Chicken Salad Ora	lad Romaine, Hae, Bacon, Egg, nge, Cucumber,	lerb Crouton, Tomato, Cucu Wonton Strip,	Parmesan Dressing mber, Cheddar Chees		
Oven Roasted Turkey Club Sunflower Seed Butter & J Ham & Cheddar Croissant Caprese Sandwich Mozzar	elly Sandwich Lettuce, Tomat	Whole Wheat o, Freshly Ba	Bread DF V ked Croissant	at Brea	d DF
	GLOBALLY	INSPIRED E	NTRÉE SELECTION	NS	
Turkey Chili Mac & Cheese Mac & Cheese Macaroni, Ho Beef Fajita Bowl Roasted O Veggie Fajita Bowl Roasted Hamburger Natural Angus E Garden Burger Veggie Patt Butter Noodles & Chicken Chicken Tenders All White Pepperoni Pizza Sandwich Cheese Pizza Sandwich McFRIDAY SPECIAL: Californ	Duse Made Checorn, Seasonal Yellorn, Seasonal Yellorn, Seasonal Yellorn, Seasonal Yellorn, Seasonal Yellorn, Cheddar Checorn, Cheddar Checorn, Cheddar Checorn, Bag of Control Mozzarella, Parmozzarella,	ese Sauce Vegetable, Pir al Vegetable, neat Bun DF *(eese, Whole Ve, Grilled Chic hips DF armesan, Tom esan, Tomato	nto Bean, Spanish Ri Pinto Bean, Spanish GF & Cheese Availak Theat Bun ken Breast * GF Avai ato, Baguette , Baguette	Rice G ble ilable	F DF V
	LOW	ER SCHOOL	. SELECTIONS		
Butter Noodles	Tu	rkey & Chees	e Sandwich	Mac 8	& Cheese
		DAILY SN	IACKS ———		
Combo Box	Fruit Cup	Side	e Salad	Whit	te Cheddar Popcorn

Protein Bites

Miss Vickie's Chips

Freshly Baked Cookies

Sapphire Brownies

ST. EDWARD THE CONFESSOR PARISH SCHOOL LUNCH MENU | MARCH 9TH-13TH



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Bistro Box

Edamame

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	Vegetarian	Gluten Free Opt	tions GF	Dairy Free Options	DF	Vegan V
		SALA	D SELECTI	ONS —		
Grilled Chic Greek Salac Beef Taco S	cken Caesar Sala I Romaine, Cucur	Tomato, Roasted	Crouton, Pala Onion, Kala	armesan Dressing		Citronade Dressing GF co de Gallo,
		SANDWIC	CH & WRA	P SELECTIONS		
Sunflower \$ Italian Ham	Seed Butter & Je & Brie Sandwic ean Sandwich To	elly Sandwich Who h Prosciutto Cotto	nole Wheat E o, Ficelle Bre			
		GLOBALLY INS	SPIRED EN	TRÉE SELECTION	NS	
Carne Asad Bean & Che Chicken Alf Penne Alfre Mediterrane Butter Nood Chicken Te Pepperoni I Cheese Piz	a Burrito Shredde eese Burrito Refi fredo Pea, Carro edo Pea, Carrot, lean Veggie Bow dles & Chicken I nders All White M Pizza Sandwich Mo	ried Bean, Two Ch t, Parmesan Crean Parmesan Cream S I Steamed Brown F Buttered Penne, Go Meat, Bag of Chips Mozzarella, Parmesa Izzarella, Parmesa Ita Roll Krab, Avoca	pper, Roaste neese, Mild on m Sauce Sauce Rice, Zucch drilled Chicke is DF esan, Tomato, cado, Carrot,	d Corn, Spanish Ric comato Salsa, Who ni, Eggplant, Toma en Breast * <i>GF Avai</i> o, Baguette Baguette Cucumber, Edama	ile Whe ito, Gre ilable	D Bean, Whole Wheat Tortilla eat Tortilla en Bean Stew GF DF V de: Soy Sauce & Wasabi
		LOWER	SCHOOL S	ELECTIONS		
	Butter Noodles	Turkey	y & Cheese	Sandwich	Mac 8	& Cheese
		[DAILY SNA	CKS —		
Co	ombo Box	Fruit Cup	Side	Salad	Whit	te Cheddar Popcorn
Cr	udité Box	Yogurt Parfait	Prote	in Bites	Fres	shly Baked Cookies

Miss Vickie's Chips

Sapphire Brownies

ST. EDWARD THE CONFESSOR PARISH SCHOOL LUNCH MENU | MARCH 16th-20TH



Every child deserves a healthy start. TM

Crudité Box

Bistro Box

Yogurt Parfait

Edamame

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\	/egetarian	Gluten Free	Options GF	Dairy Fr	ee Options DF	Vegan <mark>V</mark>
		SA	LAD SELECT	TIONS		
Salsa Ranch Dres	Caesar Sal alad Field G ssing GF ef Salad Fie	ad Romaine, H reen, Tomato, F	lerb Crouton, Roasted Corn,	Parmesan Black Bea	ın, Pico de Gallo,	Corn Tortilla Strip, ed Pumpkin Seed,
		- SAND\	WICH & WR	AP SELE	ctions —	
Oven Roasted T Sunflower Seed Turkey Pesto W Veggie Hummus	Butter & Jerrap Lettuce,	elly Sandwich Tomato, Hava iini, Bell Peppe	Whole Wheat arti Cheese, W r, Eggplant, H	t Bread DF /hole Whea lummus V	at Tortilla	ad DF
		GLOBALLY	INSPIRED E	NTRÉE SI	ELECTIONS	
Philly Cheeseste Cheese Tortellir Chicken Enchilae Cheese Enchilae Beef Teriyaki Bo Tofu Teriyaki Bo Butter Noodles Chicken Tender Pepperoni Pizza Cheese Pizza Sa FRIDAY SPECIA	ni Spinach, (ndas Roasted das Roasted wi Carrot, Or owl Carrot, (& Chicken I s All White I andwich Mo	Garden Vegetal d Corn, Spanish d Corn, Spanish nion, Edamame Onion, Edaman Buttered Penne Meat, Bag of Cl Mozzarella, Pa ozzarella, Parm	ble, Marinara sh Rice, Chedo h Rice, Chedo h Broccoli, Stea ne, Broccoli, Se e, Grilled Chick hips DF armesan, Tom esan, Tomato	dar Chees dar Cheese amed Rice Steamed R ken Breasi ato, Bague	ee, Pinto Bean G e, Pinto Bean GF DF Lice DF V t * GF Available ette	
		LOW	ER SCHOOL	. SELECTI	ONS	
Butte	er Noodles	Tui	rkey & Chees	se Sandwi	ich Mac	& Cheese
			DAILY SN	IACKS		
Combo	Вох	Fruit Cup	Side	e Salad	Wh	ite Cheddar Popcorn

Protein Bites

Miss Vickie's Chips

Freshly Baked Cookies

Sapphire Brownies

ST. EDWARD THE CONFESSOR PARISH SCHOOL LUNCH MENU | MARCH 23RD-27TH



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	Vegetarian	Gluten Free Opti	ons GF	Dairy Free Options D)F	Vegan V
		SALAE	SELECTI	ons ———		
Grilled Chicke Italian Vegeta	en Caesar Sal ble Salad Tom Salad Field G		Crouton, Pa mata Olive,	armesan Dressing		on Dressing GF DF V outon,
		SANDWIC	H & WRA	P SELECTIONS		
Sunflower Se Chicken & Av	ed Butter & J ocado Croiss	elly Sandwich Who	ole Wheat E , Tomato, C	Cheddar, Freshly Bal		
		GLOBALLY INS	PIRED EN	TRÉE SELECTIONS	S	
Chicken Soft BBQ Pulled P BBQ Pulled Ja Chicken Fried Veggie Fried Butter Noodle Chicken Tend Pepperoni Piz Cheese Pizza	Tacos Cabba Pork Sliders S ackfruit Sliders d Rice Scramble Rice Scrambles & Chicken ders All White zza Sandwich	weet Hawaiian Roll is Sweet Hawaiian Roll is Sweet Hawaiian Rolled Egg, Pea, Carroted Egg, Pea, Carroted Penne, Grown Meat, Bag of Chips in Mozzarella, Parmesozzarella, Parmesar	e, Corn Tor coll ot, Broccoli, Broccoli, Cilled Chicked DF san, Tomato, I	Onion DF Onion DF Onion DF on Breast * GF Availa o, Baguette Baguette	able	GF de: Soy Sauce & Wasabi
		LOWER S	SCHOOL S	SELECTIONS _		
Ві	utter Noodles	Turkey	& Cheese	Sandwich	Mac 8	& Cheese
			DAILY SNA	icks ———		
Com	bo Box	Fruit Cup	Side	Salad	Whit	te Cheddar Popcorn
	lité Box	Yogurt Parfait		in Bites		hly Baked Cookies
Bistr	ro Box	Edamame	Miss	Vickie's Chips	Sapi	phire Brownies

ST. EDWARD THE CONFESSOR PARISH SCHOOL LUNCH MENU | MARCH 30TH- APRIL 3RD



Every child deserves a healthy start. TM

Sapphire at School lunch menus are carefully selected to provide healthy variety, balance, and flavor. Each lunch entrée is priced a la carte with the option to add on a "Combo Box" or miscellaneous snacks. Our sauces, soups, and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives. Our hamburger patties are all natural, 100% beef, and our chicken is all-natural and hormone free. For our sandwiches, we serve a low-sodium turkey breast and we proudly utilize locally produced artisanal breads.

	Vegetarian	Gluten Free Option	s GF Dair	y Free Options DF	Vegan <mark>V</mark>
		SALAD S	SELECTIONS		
Grilled Chicke Kale Salad Gar	n Caesar Sala banzo Bean, C ken Tender S		outon, Parme d Onion, Toma	to, Citrus Dressino	g GF DF V nato, Cucumber, Cheddar
		SANDWICH	& WRAP SE	ELECTIONS	
Sunflower See BLT Sandwich	ed Butter & Jen Bacon, Lettu	Sandwich Bacon, Leally Sandwich Whole Ce, Tomato, Whole Woer, Lettuce, Feta, Tza	Wheat Bread Theat Bread	DF V	3read DF
		GLOBALLY INSPI	RED ENTRÉ	E SELECTIONS	
Bean & Chees Spaghetti & Me Falafel Bowl T Grilled Chicke Mac & Cheese Butter Noodle Chicken Tende Pepperoni Pizz Cheese Pizza	e Burrito Refi eatballs All Bee omato, Cucun in Burger Bac Macaroni, Hou s & Chicken E ers All White N za Sandwich Mo	on, Swiss, Potato Bur use Made Cheese Sa Buttered Penne, Grille Meat, Bag of Chips DF Mozzarella, Parmesa zzarella, Parmesan, 7 a Roll Krab, Avocado	se, Mild Toma Parmesan Che eric-Lemon Ba n nuce ed Chicken Br F n, Tomato, Ba Tomato, Bagu o, Carrot, Cuc	ato Salsa, Whole Veese asmati Rice, Lem east * GF Availab aguette lette sumber, Edamame	on-Tahini Dressing DF V
		LOWER SC	CHOOL SELE	CTIONS —	
Bu	tter Noodles	Turkey &	Cheese San	dwich N	lac & Cheese
		DA	ILY SNACKS		
	oo Box ité Box	Fruit Cup Yogurt Parfait	Side Sala Protein B		White Cheddar Popcorn Freshly Baked Cookies
Bistro	о Вох	Edamame	Miss Vick	ie's Chips	Sapphire Brownies